

Current Concepts: An Issue of Clinics in Plastic Surgery: The Clinics

Abstract

This issue of *Clinics in Plastic Surgery*, guest edited by Drs. Jeffrey Janis and Jill Waibel, focuses on Current Concepts in Plastic Surgery. Topics covered include: advances in facial rejuvenation; the role of artificial intelligence in plastic surgery; updates in breast reconstruction; the latest techniques in body contouring; and much more.

Plastic surgery is a constantly evolving field, with new techniques and technologies emerging all the time. This issue of *Clinics in Plastic Surgery* provides an overview of the latest advances in plastic surgery, from facial rejuvenation to body contouring.



Rhinoplasty: Current Concepts, An Issue of Clinics in Plastic Surgery (The Clinics: Surgery Book 37)

by Karinne Piat

★★★★★ 5 out of 5

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Facial Rejuvenation

Facial rejuvenation is one of the most popular plastic surgery procedures, and there are a number of new techniques available to help patients achieve a more youthful appearance. These techniques include:

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- **Facelifts:** Facelifts can be used to lift and tighten the skin of the face and neck, reducing the appearance of wrinkles and sagging.
- **Eyelid surgery:** Eyelid surgery can be used to remove excess skin and fat from the eyelids, giving the eyes a more youthful appearance.
- **Rhinoplasty:** Rhinoplasty, or nose surgery, can be used to reshape the nose, making it smaller, straighter, or more symmetrical.
- **Lip augmentation:** Lip augmentation can be used to add volume to the lips, making them fuller and more youthful.

Artificial Intelligence in Plastic Surgery

Artificial intelligence (AI) is rapidly changing the field of plastic surgery. AI can be used to:

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- **Plan surgical procedures:** AI can be used to create 3D models of patients' faces and bodies, which can help surgeons plan procedures more accurately.
- **Predict surgical outcomes:** AI can be used to analyze patient data and predict the likely outcomes of different surgical procedures.

- **Personalize treatment plans:** AI can be used to develop personalized treatment plans for patients, based on their individual needs and goals.

Breast Reconstruction

Breast reconstruction is a complex and challenging procedure, but there have been significant advances in recent years. These advances include:

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- **New surgical techniques:** There are a number of new surgical techniques available for breast reconstruction, which can help patients achieve a more natural-looking result.
- **Improved implants:** Breast implants have also improved in recent years, making them more safe and reliable.
- **Personalized treatment plans:** Breast reconstruction is a highly individualized procedure, and there is no one-size-fits-all approach. Surgeons work closely with patients to develop a treatment plan that meets their individual needs and goals.

Body Contouring

Body contouring is another popular plastic surgery procedure, and there are a number of new techniques available to help patients achieve their desired body shape. These techniques include:

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- **Liposuction:** Liposuction can be used to remove excess fat from the body, giving patients a slimmer, more toned appearance.

- **Abdominoplasty:** Abdominoplasty, or tummy tuck, can be used to tighten the muscles of the abdomen and remove excess skin, giving patients a flatter, more toned stomach.
- **Body lifts:** Body lifts can be used to remove excess skin and fat from the entire body, giving patients a more youthful, contoured appearance.

This issue of *Clinics in Plastic Surgery* provides a comprehensive overview of the latest advances in plastic surgery. These advances are helping patients to achieve a more youthful, natural, and confident appearance.



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